

Glenbrook Café

Week of 5-18-26



Daily Soups Available
Mon-Fri

Chicken & Pinto Beans Chili
Chicken & Rice Soup

Local Restaurant
Mon-Fri
Dosbros

GRAB & GO
AVAILABLE DURING
ALL OPEN HOURS

Offering a variety of Sandwiches,
Wraps, Salads, Desserts and Drinks

Grill Special
Tuna Melt






ITEMS SUBJECT TO CHANGE BASED
ON PRODUCT AVAILABILITY.

Week

[AT A GLANCE]

MONDAY

SOUP	Minestrone Verde
ENTRÉE	Grilled Lemon Garlic Chicken
	  
SIDE	Scallion Cous Cous Vegetable Medley

TUESDAY

SOUP	Chipotle Corn Chowder
ENTRÉE	Roasted Herb Turkey with Gravy
SIDE	Mashed Potato
SIDE	Green Beans

WEDNESDAY

SOUP	Split Pea
ENTRÉE	



Glenbrook's Sweet Potato Beef Stew
Tender chunks of roast beef simmered with
sweet potatoes, onion, garlic and tomato.
Dietitian Becca Bell Recipe



THURSDAY

SOUP	Mushroom Vegetable
ENTRÉE	Beef & Lamb Gyro

FRIDAY

SOUP	Broccoli Cheddar
ENTREE	Potato Chip Crusted Cod
SIDE	Hushpuppies
SIDE	Garlic Broccoli
	 



EAT WELL



VEGAN



VEGETARIAN



WHOLE GRAIN



PLANT FORWARD



GLUTEN FREE